

Texas Spine & Scoliosis opens new office in Dripping Springs for back, neck & scoliosis patients

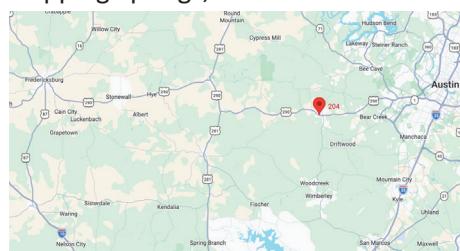
Texas Spine & Scoliosis has opened an office in Dripping Springs for the convenience of those in the region with back pain, neck pain and scoliosis issues. Dr. Rory Mayer, a spine neurosurgeon, will see spine patients, including scoliosis, on the last Tuesday of every month in 2026.

"Our goal at Texas Spine and Scoliosis is to pursue nonsurgical treatment options where possible in advance of surgery," Dr. Mayer notes. "This office will be a convenient office for those in the region, including Fredericksburg. If physical therapy is needed, we will access local nearby PT centers for the convenience of the patient."

Texas Spine & Scoliosis is unique in that it has a multi-disciplinary team of spine surgeons and spine Physical Medicine & Rehabilitation MDs. These PMR specialists perform Epidural Steroid Injections, Medical Branch Blocks, SI Joint Injections, Facet Joint Injections, Transforaminal injections, Kyphoplasty and the

new Intracept procedure for those with chronic back pain. At the main clinic, the spine center has three internal injection suites where pain relieving procedures can be provided in 15 minutes with patients going home within 30

NEW DRIPPING SPRINGS OFFICE: 249 Sportsplex Dr #204, Dripping Springs, TX 78620



The new Dripping Springs location provides a convenient access point to back and neck patients living in the Fredericksburg Hill Country region. The office will be able to provide assessment of problems and will use local physical therapy resources where necessary.

minutes afterward. The main clinic also has the most advanced EOS diagnostics where patients can have an MRI in a standing position to replicate normal loading of the body weight on the spine.



Dr. Rory Mayer will be seeing back pain, neck pain and scoliosis patients in the new Dripping Springs location on the last Tuesday of every month in 2026. He is a fellowship-trained spine neurosurgeon specializing in spine problems and scoliosis.

New artificial discs provide an alternative to spinal fusion, and reduce risk of future herniations at adjacent levels

New research from the North American Spine Society documents that artificial discs in the neck is now the preferred alternative to spinal fusion, which has been the traditional treatment for herniated discs in the neck. Fusion however locks the vertebrae which can cause herniations at other levels in the neck. The artificial disc lessens the risk of future disc herniations at other levels. Fellowship-trained spine surgeons Dr. John Stokes, Dr. Eric Truumees and Dr. Rory Mayer are proficient with many of the FDA approved artificial discs for the neck.



Benefits of the artificial disc:

- Retains motion of the vertebrae.
- Prevents damage to other disc levels.
- No bone graft required.
- Quicker recovery & return to activity.
- Less painful surgery than a fusion.
- Less blood loss during surgery.

ARTIFICIAL DISC SURGEONS:
JOHN STOKES, MD • ERIC TRUUMEES, MD
RORY MAYER, MD • ALEX CRUZ, MD



TexasSpineandScoliosis.com is an online spine encyclopedia with pain-relieving exercises, home remedies, nonsurgical treatment options and symptom charts. The Internet site also has videos, medical illustrations and patient success stories.



We send a free 36-page Home Remedy Book with pain-relieving stretches that help many people relieve pain symptoms at home. We also have a Symptom Chart that shows when a person needs to see a physician. We can send physicians 20 copies free for their patients. Physicians can request a copy by e-mailing TexasSpineandScoliosis@gmail.com.



Blue Distinction Center
Spine



Texas Spine & Scoliosis is one of only two spine centers in Texas to be included in SpineCenterNetwork.com — the only national listing of credentialed spine centers. To be included, a spine center must have board-certified spine surgeons and physical medicine physicians; and an emphasis on non-surgical options. Texas Spine & Scoliosis Center is also designated as a Blue Distinction regional spine center by Blue Cross Blue Shield and by the Joint Commission Disease Specific Care Certification for Spine Surgery. The spine center is also featured on the national site CentersforArtificialDisc.com.

Texas Spine & Scoliosis

MAIN OFFICE: 1004 West 32nd Street, Suite 200 • Austin, TX 78705

Appointments & Referrals: 512-324-3580

Educational online encyclopedia on spine at: TexasSpineandScoliosis.com

SATELLITE OFFICES:

ROUND ROCK: 201 University Oaks #1260, Round Rock, TX 78665

KYLE: 5103 Kyle Center Drive, #103, Kyle, TX 78640

BURNET: 200 John W. Hoover Pkwy, Bldg 3, Burnet, TX 78611

BASTROP: 630 State Hwy 71 W Bastrop, TX 78602

DRIPPING SPRINGS: 249 Sportsplex Dr #204, Dripping Springs, TX 78620

MINIMALLY INVASIVE SURGERY TO CORRECT SCOLIOSIS

When should a person consider scoliosis surgery to straighten a curve? It's a complex decision, because waiting too long carries increasing risks. As a person gets older past age 50, the spine is less flexible. Dr. Matthew Geck and Dr. Rory Mayer at Texas Spine and Scoliosis use the most advanced instrumentation and fixation devices that untwist the spine. Instead of a long 10-inch incision, 3 small incisions can be made to insert the instruments that untwist the spine. This greatly reduces disruption to muscles and ligaments, lessens blood loss and speeds return to activity with much less pain in recovery. **Dr. Matthew Geck and Dr. Rory Mayer** combine their expertise in orthopedics and neurosurgery for the best possible patient outcome for scoliosis, flatback syndrome and spinal deformity.



Dr. Rory Mayer and Dr. Matthew Geck combine their specialization in spine neurosurgery and spine orthopedics for a team approach to adult and pediatric scoliosis. They receive referrals from across the United States, Canada & Mexico.

FELLOWSHIP-TRAINED SPINE SURGEONS

MATTHEW GECK, MD

Board-certified Orthopedic Surgeon • Fellowship-Trained Spine Surgeon
Co-Chief, Ascension Texas Spine & Scoliosis

Dr. Geck is a board certified orthopedic surgeon, fellowship-trained in spine surgery. He has performed more than 3,500 scoliosis surgeries and more than 100 mini scoliosis surgeries. Dr. Geck completed two fellowships in spine surgery, the first in adult and pediatric spine surgery at Jackson Memorial Hospital and a second fellowship at Miami Children's Hospital on scoliosis and kyphosis surgery. Dr. Geck is the co-founder of the SpineHope program, a non profit organization that transforms the lives of children with spinal deformities worldwide.



JOHN STOKES, MD

Board-certified Neurological Surgeon • Fellowship Trained in Spinal Neurosurgery
Co-Chief, Ascension Texas Spine & Scoliosis

Dr. Stokes is a board certified neurosurgeon, fellowship-trained in spinal neurosurgery with a practice 100% focused on spine surgery. He has performed more than 2,000 spine surgeries. He completed a fellowship at the Cedars Sinai Institute for Spinal Disorders in Los Angeles and UCLA. Dr. Stokes was a principal investigator in a FDA study of the Mobi-C artificial cervical disc.



ERIC TRUUMEES, MD

Board-Certified Orthopedic Surgeon • Fellowship-Trained Spine Surgeon

Dr. Truumees is a board-certified orthopedic surgeon, fellowship-trained in spine surgery. Dr. Truumees has more than 20 years experience and specializes in cervical, thoracic and lumbar spine disorders. Dr. Truumees is a Professor of Orthopaedic Surgery at the University of Texas, Dell Medical School, and served as the 2020 President of the North American Spine Society.



RORY MAYER, MD

Board-Certified Neurological Surgeon • Fellowship-Trained Spine Surgeon

Dr. Mayer is a board-certified neurosurgeon with dual fellowship training in Neurocritical Care and Complex and Minimally Invasive Spine Surgery. He has been in practice for more than 15 years and has been a consulting neurotrauma surgeon to the National Football League. He specializes in adult scoliosis and deformity surgery.



ALEX CRUZ, MD

Board-Certified Orthopedic Surgeon • Fellowship-Trained Spine Surgeon

Dr. Cruz completed a fellowship in spine surgery at the University of Wisconsin-Madison in 2021. He also completed an AO Trauma Fellowship at the Korea University in Seoul, South Korea in 2019. Dr. Cruz has expertise in minimally invasive and motion preservation procedures of the neck and back, including artificial disc replacement in the neck and low back.



NON-SURGICAL SPINE CARE

WESLEY D. FOREMAN, MD

Fellowship trained in Pain Medicine
Board-Certified Physical Medicine & Rehabilitation

Dr. Foreman is board certified in Physical Medicine and Rehabilitation and completed a Fellowship in Pain Management at University of California - Davis in Sacramento. He has served as an assistant professor of Physical Medicine & Rehabilitation at University of Texas Southwestern in Austin, Texas and as an assistant professor of Pain Medicine and PMR at University of Texas/Dell Medical School.



ERIC MAYER, MD

Board-Certified Physical Medicine & Rehabilitation
Fellowship-Trained in Spine Medicine

Dr. Mayer is board-certified in Physical Medicine & Rehabilitation and in Sports Medicine. He completed a Fellowship in Interventional Spine and Musculoskeletal Medicine (ISMM) at the Cleveland Clinic. He has special expertise in clinical outcomes measurement systems, spinal interventional procedures, spine health, sports medicine and functional restoration.



LEE E. MOROZ, MD

Board-certified Physical Medicine & Rehabilitation

Dr. Moroz is board-certified in Physical Medicine and Rehabilitation. At Ascension Texas Spine & Scoliosis, Dr. Moroz specializes in helping patients return to activity without surgery. His focus of care is the diagnosis and assessment of back and neck pain problems. Dr. Moroz is proficient in pain relieving spinal injections.



ENRIQUE PENA, MD

Board-Certified Physical Medicine & Rehabilitation
Fellowship-Trained in Interventional Spine • Musculoskeletal

Dr. Pena is board-certified in Physical Medicine and Rehabilitation. Dr. Pena specializes in the non-surgical treatment of back and neck problems. Dr. Pena completed a fellowship in Interventional Spine, Musculoskeletal and Electrodiagnostic Medicine at The Spine Center at New England Baptist Bone & Joint Institute in Boston.



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