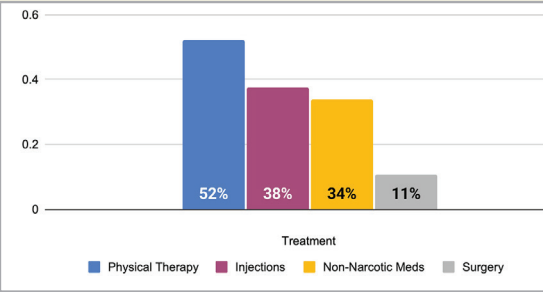


THE STAIRWAY TO SUCCESS:



In single specialty clinics where spine surgeons see all the patients, most patients get surgery. In a true multi-disciplinary center with non-surgical MDs and therapists, outcomes form a downward “Stairway to Success.” The more you emphasize non-surgical options first, fewer then need spine surgery. The team of 4 Physical Medicine MDs managed the care of 2,804 patients last year with non-surgical options like therapy and spinal injections. The team of 5 spine surgeons evaluated 1,295 new patients. Only 11% of 4,099 new patients needed surgery to resolve their back or neck problem.

91.5% PATIENT SATISFACTION:

Patients were asked multiple questions on communication by the physician; interaction with staff; and perceived quality of care. 91.5% noted they would recommend the spine center to a friend.

Texas Spine & Scoliosis: a regional spine center of excellence

Texas Spine & Scoliosis is one of only two spine centers in Texas to be included in SpineCenterNetwork.com — the only national listing of credentialed spine centers. To be included, a spine center must have board-certified spine surgeons and physical medicine physicians; and an emphasis on non-surgical options. Texas Spine & Scoliosis Center is also designated as a Blue Distinction regional spine center by Blue Cross Blue Shield and by the Joint Commission Disease Specific Care Certification for Spine Surgery. The spine center is also featured on the national site CentersforArtificialDisc.com.



NON-SURGICAL SPINE CARE

**WESLEY D. FOREMAN, MD**  
**Board-Certified Physical Medicine & Rehabilitation Fellowship trained in Pain Medicine**  
Dr. Foreman completed a Fellowship in Pain Management at University of California - Davis. He served as an assistant professor of PMR at University of Texas Southwestern in Austin, Texas and assistant professor of Pain Medicine at University of Texas/Dell Medical School.

**ERIC MAYER, MD**  
**Board-Certified Physical Medicine & Rehabilitation Fellowship-Trained in Spine Medicine**  
Dr. Mayer completed a fellowship at the Cleveland Clinic in the specialty of Spine Medicine. His has special expertise spinal interventional procedures, spine health, sports medicine and functional restoration.

**LEE E. MOROZ, MD**  
**Board-certified Physical Medicine & Rehabilitation**  
Dr. Moroz specializes in non-surgical treatment for back and neck pain. His focus of care is the diagnosis and assessment of back and neck pain problems. Dr. Moroz is proficient in pain relieving spinal injections.

**ENRIQUE PENA, MD**  
**Board-Certified Physical Medicine & Rehabilitation Fellowship-Trained in Interventional Spine**  
Dr. Pena completed a fellowship in Interventional Spine, Musculoskeletal & Electrodiagnostic Medicine. He specializes in spinal injections for back and neck pain.

FELLOWSHIP-TRAINED SPINE SURGEONS

**MATTHEW GECK, MD**  
**Board-certified Orthopedic Surgeon • Fellowship-Trained Spine Surgeon Co-Chief, Ascension Texas Spine & Scoliosis**  
Dr. Geck has performed over 3,000 scoliosis surgeries and 100 mini scoliosis surgeries. Dr. Geck completed two fellowships: The first in adult & pediatric spine surgery at Jackson Memorial Hospital and a second fellowship at Miami Children’s Hospital on scoliosis and kyphosis surgery. Dr. Geck is the co-founder of the SpineHope program, a non profit mission providing pediatric spine surgery in other countries.

**JOHN STOKES, MD**  
**Board-certified Neurological Surgeon • Fellowship-Trained Spine Surgeon Co-Chief, Ascension Texas Spine & Scoliosis**  
Dr. Stokes has performed more than 2,000 spine surgeries. He completed a fellowship at the Cedars Sinai Institute for Spinal Disorders in Los Angeles and UCLA. Dr. Stokes was a principal investigator in a FDA IDE (Investigational device exemption) study of the Mobi-C artificial cervical disc.

**EERIC TRUUMEEES, MD**  
**Board-Certified Orthopedic Surgeon • Fellowship-Trained Spine Surgeon**  
Dr. Truumees has more than 20 years experience in spine surgery and specializes in cervical, thoracic and lumbar spine disorders. Dr. Truumees is a Professor of Orthopaedic Surgery at the University of Texas, Dell Medical School, and served as the 2020 President of the North American Spine Society.

**RORY MAYER, MD**  
**Board-certified Neurological Surgeon • Fellowship-Trained Spine Surgeon**  
Dr. Mayer completed a dual fellowship in complex and minimally invasive spine surgery and neurotrauma. He has additional sub-specialty training in neurosurgical oncology. He specializes in minimally invasive spine surgery; artificial disc replacement; adult scoliosis; spinal tumor; and spinal deformity. This includes surgery related to flatback syndrome, revision spine surgery due to complications of prior surgeries, and spine tumor surgery.

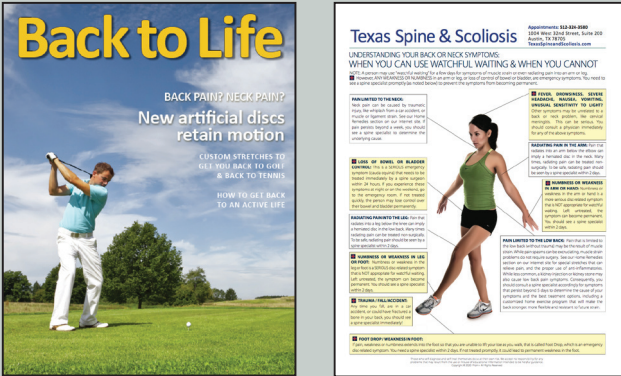
**ALEX CRUZ, MD**  
**Board-Certified Orthopedic Surgeon • Fellowship-Trained Spine Surgeon**  
Dr. Cruz completed a fellowship in spine surgery at the University of Wisconsin-Madison and an AO Trauma Fellowship at the Korea University in Seoul, South Korea. Dr. Cruz has expertise in minimally invasive and motion preservation procedures of the neck and back, including artificial disc replacement in the neck and low back.

Texas Spine & Scoliosis provides primary care physicians free educational patient education tools on spine problems

We believe the best healthcare quality comes from an informed consumer. As a community service, Texas Spine and Scoliosis distributes to patients and primary care physicians a 36-page Home Remedy Book for back and neck pain and a Back to Life Journal that has detailed information about treatment options for herniated discs and advances in spine care and advances in scoliosis surgery. Our educational web site at [TexasSpineandScoliosis.com](http://TexasSpineandScoliosis.com) has animations and symptom charts that show when it’s necessary to see the doctor to prevent permanent paralysis of nerves.



Non-surgical treatment for back & neck pain  
Minimally invasive spine surgery  
Artificial disc replacement  
Advanced MRI Diagnostics  
Mini-scoliosis surgery



Texas Spine & Scoliosis

MAIN OFFICE: 1004 West 32nd Street, Suite 200 • Austin, TX 78705  
**Appointments & Referrals: 512-324-3580**  
Educational online encyclopedia on spine at: [TexasSpineandScoliosis.com](http://TexasSpineandScoliosis.com)

SATELLITE OFFICES:  
Round Rock: 301 Seton Pkwy., #402, Round Rock, TX 78665  
Kyle: 5103 Kyle Center Drive, Suite 103, Kyle, TX 78640  
Burnet: 200 John W. Hoover Pkwy, Bldg 2, Suite D, Burnet, TX 78611  
Bastrop: 630 State Hwy 71 W, Bastrop, TX 78602  
Dripping Springs: 13830 Sawyer Ranch Rd #302, Dripping Springs, TX 78620

Texas Spine & Scoliosis has an online encyclopedia on back and neck pain at [TexasSpineandScoliosis.com](http://TexasSpineandScoliosis.com) with home remedies, exercises and symptom charts. Texas Spine & Scoliosis is the only spine center in Texas to be included in a national listing of credentialed spine centers by [SpineCenterNetwork.com](http://SpineCenterNetwork.com).

2025 Clinical Outcomes Report Card



Helping people recover from spine problems and get back to life

Texas Spine & Scoliosis

FELLOWSHIP-TRAINED ORTHO & NEURO SPINE SURGEONS  
FELLOWSHIP-TRAINED SCOLIOSIS SURGEONS  
NON-SURGICAL PHYSICAL MEDICINE & REHABILITATION SPECIALISTS  
SPINE TRAINED THERAPISTS  
— ALL UNDER 1 ROOF

# Patient reported outcomes measures for clinical outcomes at Texas Spine & Scoliosis

Few healthcare entities provide hard data that documents quality — yet data is the essential aspect of quality management. Dating back over 15 years, Texas Spine & Scoliosis was the first spine center of excellence in Texas to publish a Clinical Outcome Report Card for insurance companies, employers and consumers. We recognize that if you are not collecting and reporting data, you have no business talking about quality.

At Texas Spine and Scoliosis, we use validated patient reported outcome measures to assess meaningful changes in pain, function and quality of life following treatment.

These tools allow us to monitor progress from the patient’s perspective and support ongoing efforts to optimize care. Our outcomes tracking includes the following measures:

- PROMIS Physical Function
- PROMIS Pain Interference
- PROMIS Satisfaction with Social Roles
- Oswestry Disability Index (ODI)
- Neck Disability Index (NDI)
- Scoliosis Research Society-22r (SRS-22r)

These surveys are delivered electronically and completed by patients before and after their treatments. Timing of follow-

up is procedure specific and aligned with the anticipated recovery window:

- 6 weeks after injection
- 3 months post microdiscectomy or lumbar decompression
- 3 months following cervical surgery
- 6 months following lumbar fusions
- 1 year following deformity correction and/or fusions

PROMIS Physical Function is particularly helpful in assessing mobility and upper extremity limitations, which are common in cervical spine pathology. Pain Interference captures how pain affects activities of daily living, while Satisfaction

with Social Roles offers insight into a patient’s ability to return to valued personal and professional responsibilities.

The ODI and NDI provide focused assessments of disability related to low back and neck pain, respectively. For patients undergoing scoliosis correction, especially those without significant preoperative pain, the SRS-22r captures broader quality of life outcomes including function, appearance and mental health. These measures document the benefit of our multidisciplinary approach with PMRs and therapists working collaboratively with spine surgeons — all under one roof.

